

**THE EMBODIMENTS OF THE INVENTION IN WHICH AN EXCLUSIVE PROPERTY  
OR PRIVILEGE IS CLAIMED ARE DEFINED AS FOLLOWS:-**

**/WHAT I CLAIM AS MY INVENTION:-**

1. A canning jar strainer comprising a planar disk-shaped sheet material having:
  - 5 i. a plurality of incisions located circumferentially around the disk,
  - ii. one or more crescent cutouts,
  - iii. integral pull tabs,
2. The canning jar strainer of claim 1 wherein the firmness in material is greater than the  
10 upward pressure exerted by buoyant foods afloat in the can fluid.
3. The canning jar strainer of claims 1 and 2 wherein the crescent cutouts are shaped to generally fit the profile of a conventional utensil spoon.
4. The crescent cutout of the canning jar strainer of claim 3 wherein said cutout serves  
15 both for straining and for lifting said disk out from a canning jar.
5. The canning jar strainer of claims 1 to 4 wherein the utility thereof is to prevent buoyant foods from exposure to trapped air within a canning jar.